



## 2012 C-CAP PRELIMINARY COMPETITION PRACTICE SCHEDULE

January 12 4pm – 6pm	Mountain View (Tucson) High School 3901 W. Linda Vista Blvd, Tucson 85742 Host: Sean Frederick	Canyon Ranch Chefs and C-CAP Teachers will determine Tucson-area practice schedule. Omelet practice, bring equipment for omelet only. RSVP to Jill Smith by January 10
January 13 9am – 1pm	Chino Valley High School 115 N. Highway 89, Chino Valley 86323 Host: Dolisa Pehl	Chef from Eloma cooking method will demonstrate their technology, salad and omelet practice. Bring all equipment for salad and omelet. RSVP to Jill Smith by January 11
January 17 2:30-4:30	Flagstaff High School 400 W. Elm Avenue, Flagstaff 86001 Host: Patti Pastor	Salad and omelet practice, bring all equipment. RSVP to Jill Smith by January 13
<b>January 21 by midnight</b>	<b>C-CAP Applications Due</b> Jill Smith 4948 W. Buckskin Trail, Phoenix 85083	Applications are due to me (not postmarked) by January 21. Applications available online at <a href="http://ccapinc.org">ccapinc.org</a>
January 23 3:30-5:30	Peoria High School 11200 North 83 <sup>rd</sup> Avenue, Peoria 85345 Host: Barb Saltzman	Salad and omelet practice, bring all equipment RSVP to Jill Smith by January 20
January 25 3:30-5:30	Paradise Valley High School 3950 E. Bell Road, Phoenix 85032 Host: Patty Nadzieja	Salad and omelet practice, bring all equipment RSVP to Jill Smith by January 23
January 26 3:30-5:30	Glendale High School 6216 W. Glendale Ave, Glendale 85301 Host: Shawn Morris	Salad and omelet practice, bring all equipment RSVP to Jill Smith by January 24
January 30 3:30-5:30	Maricopa High School 45012 W. Honeycutt, Maricopa 85239 Host: Rex Sherry	Salad and omelet practice, bring all equipment RSVP to Jill Smith by January 27
February 1 3:30-5:30	Mesa High School 1630 E. Southern Ave, Mesa 85204 Host: Priscilla Yazzie	Salad and omelet practice, bring all equipment RSVP to Jill Smith by January 30
February 2 3:30-5:30	Chandler High School 350 N. Arizona Ave, Chandler 85224 Host: Stephanie Mock	Salad and omelet practice, bring all equipment RSVP to Jill Smith by January 31
<b>February 4</b>	<b>Preliminary Competition, Heat 1 &amp; 2</b> Metro Tech High School 1900 W. Thomas Ave, Phoenix 85015	Competition, details to be sent separately
<b>February 11</b>	<b>Preliminary Competition, Heat 3 &amp; 4</b> EVIT 1601 W. Main St, Mesa 85201	Competition, details to be sent separately
February 14	Senior Finalists Announced	Teachers are notified by email if their student did/did not advance to Final Competition