



2009-2010 C-CAP COMPETITION APPLICATION

PART II: FINANCIAL AID AND SCHOLARSHIPS

APPLICATION INSTRUCTIONS

Please read the step-by-step instructions below to help you complete part two of the *C-CAP Cooking Competition for Scholarships* application. Should you be selected to compete and win, your responses to the questions asked in the application will help C-CAP determine which scholarship is the best match for you.

DUE DATE: All senior competitors must complete and submit this application at the preliminary competition.

Overall Guidelines

- Read the instructions carefully
- Write legibly
- Complete each section clearly, accurately, and correctly
- Check the entire application for spelling and grammar errors
- If you make a mistake, use white out or start over with a new application
- Check your responses for accuracy
- Check that all of your documents are complete and included in your packet
- **Make one (1) copy of the completed Part II packet. Submit the original to C-CAP and keep one copy for your records.**
- Staple your documents together when you're finished. Do not submit your application packets in a folder, binder, or cover.

What is a post-secondary scholarship?

A post-secondary scholarship is a scholarship to attend a specific post-secondary school. For instance, the *New England Culinary Institute Full-Tuition Scholarship for the Associates in Culinary Arts* is a scholarship to attend New England Culinary Institute and earn an Associates Degree in Culinary Arts.

Post-Secondary C-CAP Scholarships

Please list the post-secondary C-CAP scholarships that you would like to be considered for in order of preference. An up to date list of C-CAP scholarships and eligibility requirements can be found on the C-CAP website at <http://www.ccapinc.org/s-ccap-scholarships.php>. **Please note: C-CAP may find you best suited for a scholarship you have not listed.**

- **C-CAP Scholarship Name** – the full name of the scholarship
- **Award Amount** – the dollar value of the award
- **Eligibility Requirements** – the GPA or additional requirements, if applicable; if there are none, please enter “None”
- **Are you eligible** – please check the appropriate box

Additional Scholarships and Competitions

Participation in the *C-CAP Cooking Competition for Scholarships* does not guarantee that the applicant will receive a scholarship. We highly that applicants research and apply for additional scholarships.

- **Scholarship/Competition and Sponsoring Organization** – enter the name of the scholarship or competition you are applying for and the organization that is sponsoring it. For example, Best Teen Chef Contest, sponsored by the International Culinary Schools at the Art Institutes
- **Scholarship amount** – the dollar value of the scholarship or prizes
- **Status** – the status of your scholarship application or acceptance into the competition

Post-Secondary Schools

Please update C-CAP on your college application status. List all of the schools you plan to apply to or have already applied to **in order of preference**. Indicate the major or program and the degree you will apply for. You do not need to fill all ten spaces.

- **Post-Secondary School** – enter the full name of the post-secondary school
- **Major/Program of Study** – enter the major or program of study you plan to pursue (i.e. Culinary Arts, Hospitality Management, etc)
- **Degree** – please check the degree you will pursue
- **Status** – please check the status of your application

Free Application for Federal Student Aid (FAFSA)

All **senior** C-CAP competitors are required to apply for the *Free Application for Federal Student Aid* (FAFSA) by **March 1, 2010**. The application and instructions will be made available on January 1, 2010 on the FAFSA website at <http://www.fafsa.ed.gov/>. C-CAP recommends that applicants apply for the FAFSA online. For questions about the FAFSA or for assistance, please contact your high school guidance counselor, your culinary instructor or your local C-CAP Program Coordinator.

After submitting the FAFSA to the Department of Education, you will receive a *Student Aid Report* (SAR) by mail or –email within 3-5 weeks of your submission. Senior competitors are required to submit a copy of their Student Aid Report (SAR) to C-CAP on or before the final competition. **Special circumstances must be brought to the attention of the C-CAP Coordinator and College Advisor prior to the preliminary competition or as soon as possible.**

Family Contribution

This section will give C-CAP a better picture of the financial resources available to you for your post-secondary education. **The applicant's parents or guardians must fill out this section and sign and date the bottom of the page.**

- Please estimate how much you (the parent or guardian), the applicant, and any other relatives or additional resources can contribute towards the applicant's college expenses **per year**.
- Please check the appropriate box to indicate if the parent or guardian can cosign or take out an education loan on the applicant's behalf

Post-Secondary Comparison Grid and Short Answer Questions

This section was created to test your research and reasoning skills. Directions and an example have been provided for you in the application. Please carefully read and answer each of the questions in their entirety. Please note: C-CAP will be checking for both completion and accuracy.

Post-Secondary Grid Instructions

Post-Secondary Comparison Grid Instructions

Please complete the grid for your top four school choices, including one community college. An example has been included on the following page to help you. Please note: C-CAP will be checking for both completion and accuracy.

The information you provide will assist C-CAP with your college and career advising needs. Based on the results of the competition and interview, C-CAP may find you best suited for a scholarship to a school you have not listed.

Where to find the information to complete the grid:

Cost of attendance information

- Post-secondary's official website – search for "financial aid" and/or "tuition & fees"
- Post-secondary course catalogs
- Phone – call the Office of Financial Aid
- Visit the financial aid office on campus

School characteristic information:

- Post-secondary's official website
- Post-secondary course catalogs and admissions materials
- Phone – call the Admission Office
- Visit the campus

POST-SECONDARY CHARACTERISTICS

Below are several characteristics of post-secondary programs that we encourage our competitors to consider when they are researching their college options. Please read the characteristics and their definitions to help you complete the grid.

Characteristic	Definition	Type / Preference
Cost of Attendance	The total cost of attending school <u>EACH YEAR</u> . Includes tuition, fees, room, board, books, and supplies	Space has been provided on the Post-Secondary Comparison Grid to calculate the total cost of attendance for each of your schools
Major:	The program of study you are interested in	<ul style="list-style-type: none"> ● Culinary Arts ● Baking and Pastry Arts ● Hospitality Management ● Other (specify the major on the grid)
Type of Curriculum	How classes and the coursework are taught	<ul style="list-style-type: none"> ● Mostly hands-on ● Mostly lectures, reading, and writing ● Combination
Length of Program	Length of the program from start date to graduation	<ul style="list-style-type: none"> ● 2 yrs ● 4 yrs ● Other (specify length on the grid)
Campus Demographics	How diverse the student population is	<ul style="list-style-type: none"> ● Very diverse ● Somewhat diverse ● Not diverse
Distance from Home	How far away the school is from home	<ul style="list-style-type: none"> ● Local ● In state ● Out of state
Type of Area	The setting in which the campus is located	<ul style="list-style-type: none"> ● Urban ● Suburban ● Rural
Study Abroad	An academic program that allows students to study and/or work in another country	<ul style="list-style-type: none"> ● Available ● Not available
Externship/ Internships	A paid or unpaid work requirement usually for a certain number of hours	<ul style="list-style-type: none"> ● Available ● Not available
Extracurricular Activities	Culinary competition teams, sports teams, and student organizations are available on campus	<ul style="list-style-type: none"> ● Available ● Not available

POST-SECONDARY COMPARISON GRID EXAMPLE

Below is an example and tips on how to complete the post-secondary grid. Instructions have also been provided for you on the previous page.

Post Secondary 1:	
School Name:	Example School
City, State	Some Place, NY
Major or program of study you will pursue	Baking & Pastry Arts
Degree you will pursue	Associates

Make sure the school offers the **major** and **degree** you're looking for!

Cost of Attendance:	
A Tuition (per year)	\$4,970
B Fees (per year)	\$1,192
C Room and Board (per year)	\$6,190
D Meal plan (per year) *If not included with room	\$3,000
E Books (per year)	\$600
F Supplies (per year)	\$600
G Travel (per year)	\$200
H Total cost per year (= A+B+C+D+E+F+G)	\$16,752
I Length of Program	2 years
Total Cost of Attendance (=H x I)	\$33,504

You can find these costs on the school's website, promotional materials or by calling the school.

Calculate the **tuition, fees, room, and board** costs **PER YEAR**. Be careful! Some schools advertise their costs by term or semester so you may need to do some addition before you get the per year cost!

You may need to call the school to get an estimate for **books, supplies, and travel expenses**.

The **total cost of attendance** is the total cost of attending the school from the first day through graduation. To calculate the total cost of attendance, you multiply the cost per year by the number of years for the program.

School Characteristics:	
Type of Curriculum	Combination
Length of program	2 years
Campus demographics	Somewhat diverse
Distance from home	In state
Type of Area	Rural
Study abroad available	No
Externship/Internships available	Yes
Extracurricular activities available	Yes

Call or visit the school to find out the **school characteristics** of each college. Other good resources include:

The college's website – you can find a list of required courses for the major on the college website

College Board College Search - www.collegeboard.com

College Navigator - <http://nces.ed.gov/COLLEGENAVIGATOR/>